**Step 1 – Get Personal Enrollment ID**

**Registration and Enrollment Instructions for   
the “Interactive Health Partner” Tracking Tool**

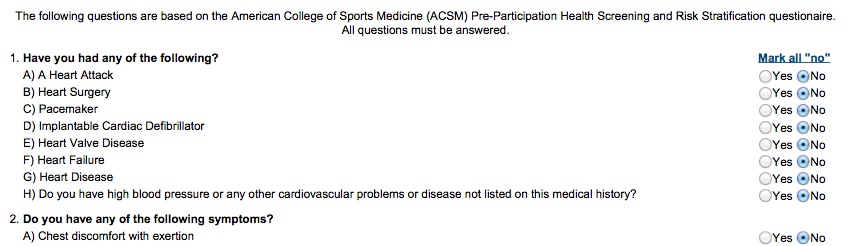
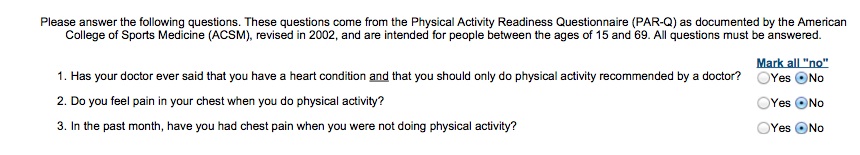
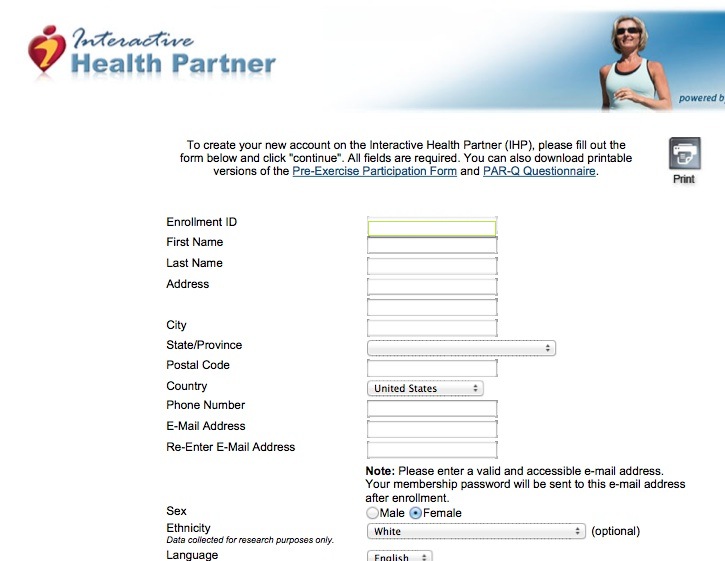
* **Email wellnessoworksisu@gmail.com to request ID**

**Step 2 - Enter Enrollment ID**

* **Go to the IHP website:** [**https://www.interactivehealthpartner.com**](https://www.interactivehealthpartner.com)**/mfc\_newaccount.asp**

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* **Enter the Enrollment  
  ID and continue with   
  the registration  
  process.**



**Step 3 – Enter Health Info**

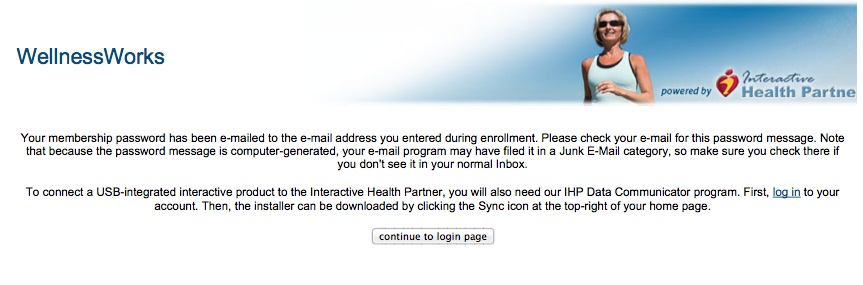
* **Provide basic contact   
  information**
* **Complete Physical Activity Readiness Questionnaire**
* **Complete health history form**

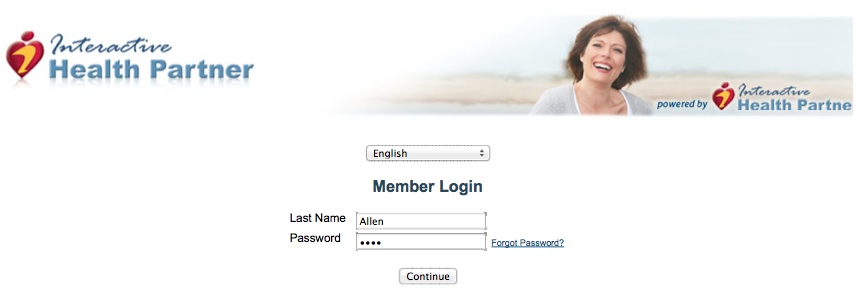
**Please Note:**

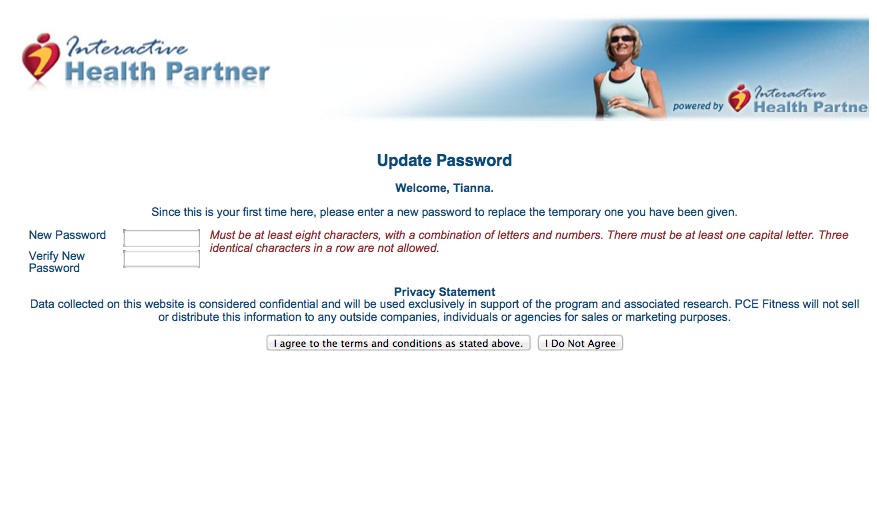
**None of your health related data will be shared with anyone.**

**Step 4 – Confirmation**

* **Check your email to get the PIN number**



* **Click “Continue” and enter the PIN number**

**Step 5 – Reset Password**

**You are now ready to begin using the Interactive Health Partner! When you wish to log in next time remember to go to:** [**https://www.interactivehealthpartner.com**](https://www.interactivehealthpartner.com) **and click on the member login. If you have any questions contact the Wellness Works team at wellnessworksisu@gmail.com**

**The IHP Programming is provided through ‘Wellness Works’, a service learning and outreach program of the Department of Kinesiology at Iowa State University (www.wellnessworksisu.org)**